

**MASSACHUSETTS NURSES ASSOCIATION
AZORES AND PORTUGAL ITINERARY
SEPTEMBER 20 – 28, 2018**

DAY 1: Thursday, Sep 20th ~ Boston - Ponta Delgada

Depart Boston's Logan International Airport aboard a flight to Ponta Delgada on the island of São Miguel in the Azores Archipelago, with full meal and beverage service available while in flight.

DAY 2: Friday, Sep 21st ~ Ponta Delgada, São Miguel - Furnas

Arrive in Ponta Delgada and we will meet our Tour Escort, who will help us board our private motor coach to take us on a day tour to Furnas (Before starting the tour we may have some free time in Ponta Delgada, due to the early arrival). Our tour will include Lagoa das Furnas, the Hot Springs of Furnas, and Villa de Campo. During our tour, we will enjoy a very special lunch (included with wine and mineral water), called cozido das furnas. This is "cavern stew," cooked by the volcanic heat of the ground. It's one of kind! Cozido das furnas is only available in Furnas, and it's a must-do while in São Miguel! Later, we will return to Ponta Delgada to our hotel for check-in, dinner and overnight at the Hotel Marina Atlântico. (Breakfast, lunch and dinner - wine and mineral water is included with all dinners)

Your accommodations from 9/21 to 9/23:

HOTEL MARINA ATLÂNTICO

Avenue Joao Bosco Moto Amaral

9500-767 Ponta Delgarda

Tel: +351 296 307 900

Amenities Include: Free Wi-Fi, hairdryer, spa, health club, indoor swimming pool

www.bensaude.pt

DAY 3: Saturday, Sep 22nd ~ Fogo - Caldeira Velha - Ribeira Grande

After breakfast, we will follow the mountain road to Lagoa do Fogo, at an altitude of 3000 feet, to see the magnificent "Fire Lake." Fire Lake is located in the center of the island, and is full of ambiance, tranquility, and beauty. From there we head on to witness water in a different form at Caldeira Velha, where we will enjoy a nature walk and visit amazing hot springs. You may want to bring a bathing suit or at least wear pants that you can roll up, so you can enjoy the naturally therapeutic waters. Then it is off to the small, charming town of Ribeira Grande on the north coast for a short visit. Ribeira Grande has amazing waves and has hosted major surfing competitions. Today, our tour will include lunch with wine and mineral water. Return to the hotel for dinner and overnight. (Breakfast, lunch and dinner)

DAY 4: Sunday, Sep 23rd ~ Ponta Delgada - Lisbon

After breakfast at the hotel, we will have some free time in Ponta Delgada to explore the City on your own. Around 12:00, check out of our hotel, the group will be transferred to Ponta Delgada Airport for our flight to Lisbon on the Portuguese mainland. Welcome to Mainland Portugal! Your Escort/ Guide, will be waiting for you outside the customs area and will accompany you during the transfer to your hotel in Estoril. We will have an orientation meeting

on the bus enroute to the Hotel in Estoril. Upon arrival at the Hotel Estoril Eden your room keys will be handed out and your bags automatically delivered to your room. This evening we will have a "Welcome Sangria" followed by dinner at the hotel. (Breakfast and dinner)

Your accommodations from 9/23 to 9/28:

HOTEL ESTORIL EDEN

Av. De Saboia, 209, Monte Estoril

Cascais, 2769-502

Tel: +855 516 1090

www.hotel-estorileden.com/en

Amenities Include: Free Wi-Fi, hairdryer, indoor swimming pool, fitness center

Tourist / City Tax per person per day approx. 1.00 Euros payable directly to hotel

DAY 5: Monday, Sep 24th ~ Tour of Lisbon

Following a buffet breakfast we will take a drive to Lisbon, and will arrive at the Belem district to visit the Royal Coach Museum, the church at the Jeronimos Monastery. We will also stop at the monument to Henry the Navigator and Belem Tower. Lunch is on our own today. After lunch continue to the City Centre to visit the Historical Center of the City, such as Alfama and the famous and beautiful squares and avenues and the ancient quarters of Lisbon. Dinner will be included at Hotel. (Breakfast and dinner)

DAY 6: Tuesday, Se. 25th ~ Obidos - Alcobaca - Nazaré - Batalha - Fátima

Full buffet breakfast will be served this morning at your Hotel. Today we will visit the beautiful walled Village of Óbidos. Then we will drive to Alcobaca, for a visit to a 12th century monastery and the tombs of Pedro & Inês. After lunch in Nazare, (not included) the most picturesque and colorful of all Portuguese fishing villages, we will continue on to the Batalha Monastery. Next on our agenda is Fátima, one of the centers of Christian Pilgrimage. Our return trip to Lisbon will be through the beautiful farming region of Ribatejo. Dinner will be at the hotel this evening. (Breakfast and dinner)

DAY 7: Wednesday, Sep 26th ~ Romantic Excursion - Queluz - Sintra - Estoril

Following a buffet breakfast, we will visit Queluz Palace, with its 18th century halls and gardens. Next, we will drive to Sintra, one of most beautiful places in Portugal, where you can visit the Royal Palace. Lunch is on our own today. Continue to Cabo da Roca the "westernmost point of Continental Europe". Then we will continue along the coast, we pass through the seaside resort of Guincho Beach, the fishing village of Cascais, and Cosmopolitan Estoril. Dinner tonight is at the hotel. (Breakfast and dinner)

DAY 8 Thursday, Sep 27th ~ Lisbon

After breakfast, we will cross the Tagus River and catch a glimpse of Lisbon from the Christ in Majesty Statue. Following this, we will travel to the center of Lisbon, where we will have free time for shopping, sightseeing and lunch (on own). We will return to the hotel where we will have a chance to freshen up. Tonight, we will go to Lisbon to enjoy a Fado Night of Portuguese traditional singing and guitar music at a typical restaurant. (Breakfast and dinner)

DAY 9: Friday, Sep 28th ~ Estoril - Boston

Regrettably, your tour will come to an end. After breakfast at the Hotel we will check out of the hotel. Don't forget to pay any small bills you may have accumulated. Departures transfer from the Hotel in Estoril to Lisbon Airport where you will board your return flight (via Ponta Delgada). We hope you bring home many fond memories of enchanting Portugal. (Breakfast)

PLEASE NOTE: SCHEDULING IS ALWAYS SUBJECT TO CHANGE